

Inclusive Developmental and Therapy Center

By 12 months · Child Development Milestone Checklist

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314 6040262

Tick each skill your child can do. There are no wrong answers — this is a guide, not a test.

Communication & language

- Babbles with changing sounds (“bababa”, “dadada”)
- Responds to their own name
- Understands “no” and simple words
- Says one or two words like “mama” or “dada”
- Copies sounds and gestures

Social & play

- Makes eye contact and smiles back
- Enjoys games like peekaboo and pat-a-cake
- Uses gestures — waving, reaching, pointing
- Looks at you when you point at something

Movement (motor)

- Sits without support
- Pulls to stand and may cruise along furniture
- Picks up small objects with finger and thumb
- Bangs two objects together

♥ **When it's worth seeking advice**

Not babbling or making sounds

No response to their name or to sounds

No gestures like pointing or waving

Loss of skills they once had

If several of these feel familiar, an early, gentle check brings clarity — and support while it helps most.

Educational guide only — not a diagnosis. Book a free assessment: +92 314 6040262 · inclusive-therapy-center.pages.dev