

# Inclusive Developmental and Therapy Center

By 2 years · Child Development Milestone Checklist

MPS Road, Block A Model Town, Multan (near Bloomfield Hall School, Street No. 2) · +92

314 6040262

---

Tick each skill your child can do. There are no wrong answers — this is a guide, not a test.

## Communication & language

---

- Uses 50 or more words
- Joins two words together (“more milk”, “daddy go”)
- Follows simple two-step instructions
- Is understood by family at least half the time
- Points to pictures or objects when named

## Social & play

---

- Shows interest in other children
- Copies actions and words of others
- Enjoys pretend play
- Can be defiant — testing independence (normal!)

## Movement & self-care

---

- Runs and kicks a ball
- Walks up and down stairs with help
- Builds a small tower of blocks
- Starting to show toileting awareness

♥ **When it's worth seeking advice**

Fewer than 50 words or not combining words

Can't follow simple instructions

Little interest in other children or pretend play

Speech only you can understand

If several of these feel familiar, an early, gentle check brings clarity — and support while it helps most.

---

Educational guide only — not a diagnosis. Book a free assessment: +92 314 6040262 · [inclusive-therapy-center.pages.dev](http://inclusive-therapy-center.pages.dev)