

# Inclusive Developmental and Therapy Center

By 3 years · Child Development Milestone Checklist

MPS Road, Block A Model Town, Multan (near Bloomfield Hall School, Street No. 2) · +92

314 6040262

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Tick each skill your child can do. There are no wrong answers — this is a guide, not a test.

## Communication & language

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- Talks in short sentences (3–4 words)
- Is understood by family most of the time
- Answers simple “what” and “where” questions
- Names familiar objects, colours or animals
- Follows two- to three-step instructions

## Social & play

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- Plays alongside and starts to play with other children
- Takes turns sometimes
- Enjoys imaginative, make-believe play
- Shows a wide range of emotions

## Movement & self-care

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- Jumps, climbs and pedals a tricycle
- Draws a circle and holds a crayon well
- Feeds themselves with a spoon
- Helps dress and undress

♥ **When it's worth seeking advice**

Speech unclear to people outside the family

Not using short sentences

No pretend play or interest in other children

Frequent falling or very clumsy movements

If several of these feel familiar, an early, gentle check brings clarity — and support while it helps most.

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Educational guide only — not a diagnosis. Book a free assessment: +92 314 6040262 · [inclusive-therapy-center.pages.dev](http://inclusive-therapy-center.pages.dev)