

Inclusive Developmental and Therapy Center

By 4 years · Child Development Milestone Checklist

MPS Road, Block A Model Town, Multan (near Bloomfield Hall School, Street No. 2) · +92

314 6040262

Tick each skill your child can do. There are no wrong answers — this is a guide, not a test.

Communication & language

- Tells you about something that happened
- Speech is clear to people outside the family
- Asks lots of “why” and “how” questions
- Uses longer sentences and joining words (“because”, “and”)
- Knows some colours and numbers

Social & play

- Plays cooperatively and shares (most of the time)
- Enjoys make-believe and role play with others
- Shows concern for a crying friend
- Separates from you without lasting distress

Movement & self-care

- Hops and stands on one foot briefly
- Draws a person with 2–4 body parts
- Uses scissors and catches a ball
- Manages most dressing and toileting

♥ **When it's worth seeking advice**

Speech still hard for strangers to understand

Can't tell a simple story or follow a 3-step instruction

Avoids or doesn't engage with other children

Struggles to hold a crayon or use scissors

If several of these feel familiar, an early, gentle check brings clarity — and support while it helps most.

Educational guide only — not a diagnosis. Book a free assessment: +92 314 6040262 · inclusive-therapy-center.pages.dev