

Inclusive Developmental and Therapy Center

By 5 years · Child Development Milestone Checklist

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314 6040262

Tick each skill your child can do. There are no wrong answers — this is a guide, not a test.

Communication & language

- Speaks in full, clear sentences
- Tells a longer story in order
- Understands and follows classroom-style instructions
- Shows interest in letters, sounds and early reading
- Uses past and future tense correctly

Social & learning

- Makes friends and plays by rules
- Takes turns and shares well
- Manages emotions with a little support
- Sits and attends to a task for a short while

Movement & self-care

- Holds a pencil and writes some letters or their name
- Skips, hops and balances well
- Dresses and uses the toilet independently
- Draws a recognisable person

♥ **When it's worth seeking advice**

Unclear speech or trouble being understood

Can't follow instructions or attend in a group

Difficulty making friends or managing emotions

Struggles with pencil control or early letters

If several of these feel familiar, an early, gentle check brings clarity — and support while it helps most.

Educational guide only — not a diagnosis. Book a free assessment: +92 314 6040262 · inclusive-therapy-center.pages.dev